



SIGMA GAMMA RHO SORORITY, INC.

National Programs and Initiatives

"A Non-governmental Organization Associated with the United Nations Department of Public Information"

Project Reassurance

Essential Programs

Annual Youth Symposium

The Sigma Youth Symposium is designed to highlight some of the prevalent concerns that negatively impact our youth: drugs, teen violence, abuse, low self-esteem, suicide, teen pregnancy, etc. Held on the second Saturday of March by Alumnae Chapters nationwide, as a unified effort to support our youth, simultaneous Sigma Youth Symposiums address issues that affect teens today.

Operation BigBookBag

Operation Big Book Bag was established in 1996 partnership with the Ancient Egyptian Arabic Order, Nobles Mystic Shrine, Inc. (Shriners). The goal was to provide access, tools and mentorship for school age children. Access can be provided through many forms such as educational tutorial websites, computers, iPads, laptops, software, flashcards, learning games, and reference materials. Tools can include basic school supplies such as pencils, paper, pens, rulers, calculators, notebooks and student planners to support the students with their coursework. Finally, mentorship includes mentoring and tutoring with students who need just a little more support personally, socially or academically.

Project CRADLE Care

Project CRADLE Care seeks to improve pregnancy outcomes in high-risk communities by increasing the number of women of childbearing age who receive adequate prenatal education and prenatal care and who better understand proper infant care and child development. This annual event takes place every third Saturday in January in conjunction with National Birth Defects Awareness Month.

Swim 1922

SWIM 1922 is a partnership with Sigma Gamma Rho Sorority, Inc. and USA Swim. Sigma Gamma Rho Sorority member and Olympic Gold Medal Winner Maritza McClendon is the National Spokesperson for the partnership. Sigma Gamma Rho in conjunction with USA Swim has provided swim clinics in various cities throughout the USA. Chapters may help promote SWIM 1922 in their local communities by providing Swim Clinics or partnering with a local agency to help provide Swim Lessons.

Women's Wellness Initiative

Women's Wellness Initiative is geared toward creating steps to make long term commitments toward wellness and well-being. We seek to provide relevant information and education on issues such as mental health, domestic and intimate partner abuse, stress management, nutrition, and much more.

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"Intentional, Impactful, Measurable: A Sisterhood for the Future"